

8.15am	REGISTRATION OPENS
9.00am	<p>CONFERENCE WELCOME – The Mokoia Room Be the Change – Megan Thorn, www.exult.co.nz</p> <p>Conference 2023 to be about taking the learnings from the last few years and focusing on moving forward and making the future better. To do that we need to be the change you want to see. Be the Change for yourself. Be the Change for your team. Work together to Be the Change for your cause and the people you support. Work collectively to Be the Change you want to see in your community and beyond.</p>
9.40am	<p>KEYNOTE PRESENTATION (Sponsored by Infoodle) – The Mokoia Room Great brains don't think alike - Natasya Jones and Anton Ashcroft, DivergenThinking</p> <p>Anton and Natasya will present their nQuadrant model that helps understand the neuroscience behind why different brains process the world in different but also predictable ways. They will link this to the strengths certain brain profiles can bring to organisations and how to support these brains to thrive.</p>
10.30am	MORNING TEA – The Lobby
11.00am	CONCURRENT WORKSHOPS – Session 1

The Mokoia Room **Using the nQuadrant Card Deck as a coaching tool - Natasya Jones and Anton Ashcroft, DivergenThinking**

Anton and Natasya will lead the group through an interactive process whereby they can learn to use the nQuadrant Card Deck as a tool to initiate and explore coaching and support needs of individuals in your team through a neurodiverse lens.

Break Out Room 2 **Crowdfunding 101: Putting the Crowd in Crowdfunding – Tim Pare and Anusha Bhana, The Funding Network NZ**

Online fundraising has become an increasingly vital skill for charities to have in their kete to ensure financial sustainability. Crowdfunding is one type of online fundraising, and the benefits (both financial & non-financial) are numerous. If done well, crowdfunding can become part of your annual fundraising strategy, alongside your other income streams like grants and regular givers. A successful crowdfunding campaign is not only about the \$, and just setting up a page on Givealittle is not going to lead to money raining down from above. The crowd comes *before* the funding. In this workshop, join Tim Pare and Anusha Bhana from The Funding Network NZ as they talk you through the essentials of successful crowdfunding. From mapping your networks, to crafting your story and ask, to promoting and running the campaign, this workshop will provide you with easy to follow, actionable steps, so your charity can give crowdfunding a go.

Break Out Room 3 **Emergency Event Preparation and Recovery - Jessica Petersen, Emergency Management Specialist**

Emergencies are becoming all too frequent. While we often think of the role of emergency services in a disaster, the reality is that it is the people living in the affected community that are the first responders and are the ones that are there throughout the recovery. Volunteering organisations are some of the “unsung heroes” of disaster management, but what is their role? How should volunteering organisations plan for an emergency, both for the response and recovery? This workshop will help you understand the different roles volunteer organisations can play and where yours might fit. It will also give you some tools to take away so you can develop a plan for your organisation and be better prepared to support your community in a disaster.

12.30pm LUNCH – Brasserie Restaurant

1:40pm A word from Infoodle – our keynote sponsors

KEYNOTE PRESENTATION (Sponsored by Infoodle) – The Mokoia Room

Bridget Williams, Bead and Proceed

Join Bridget Williams, founder of social enterprise Bead and Proceed, where she will deep dive and demystify the 17 Sustainable Development Goals (SDGs). Here, Bridget will go right back to the global concept of sustainable development, outline the history of the framework, unpack the 169 targets, and give you the tools and information needed to connect with the SDGs personally while aligning them to your organisation. Having reconnected with her own creativity, Bridget will highlight why we need to back ourselves as creatives and how harnessing our creative potential is not only fundamental to our purpose but making the world a better place. In fact, we all have the power to BEAD the change we want to see in the world.

2.25pm CONCURRENT WORKSHOPS – Session 2

The Mokoia Room

Building Community on LinkedIn, Leann Bassett, Face UP Now

Are you interested to see how you can use LinkedIn for your not-for-profit organisation? In Leann's workshop, "Building Community on LinkedIn", you'll learn how LinkedIn can help your organisation grow. Find out what kind of content works best for non-profits on LinkedIn and how to create posts that catch people's attention and encourage interaction. This session will give you practical tips to connect with more people, generate discussions, and create meaningful relationships that help your group. She'll show you how to use QR codes to network faster and easier (make sure you have the LinkedIn app downloaded on your phone and signed into your LinkedIn account). So, get set to start using LinkedIn to make a bigger impact with your work.

Break Out Room 2

Volunteer Retention: The Role of Appreciation and Recognition, Megan Thorn, Exult

When someone volunteers for your organisation, they are choosing to spend one of their most precious resources, their time, helping you do the work you do, and make the difference you make in your community. What can you do to help ensure your volunteers keep choosing to volunteer with your organisation? Recognising and appreciating your volunteers for their time and effort is critical to ensuring your volunteers remain engaged and committed to your cause. In this session we will explore appreciation and recognition - how they are different, why are they both important, and we'll share tips for how to do both in a meaningful way.

Break Out Room 3

Changing How Employees Experience Work, Lisa Woolley Northbound Consulting

Gone are the days of working 9-5 in a drab office for the same organisation day in and day out. With 5 generations in the workplace, there are more and more demands on what employees want. The pay cheque at the end of the week is important, and alongside it there are many other ways you can enhance your team's overall satisfaction at work. This workshop looks at the key areas that make up a positive Employee Experience and helps the attendees to discover ways to create a unique experience that will help to attract and retain employees on a budget.

(Please note Lisa's workshop replaces the Do Good Jobs workshop previously advertised)

3:15pm AFTERNOON TEA – The Lobby

KEYNOTE PRESENTATION (Sponsored by Infoodle) – The Mokoia Room

Tania Pointon, Seeds for Change

Tania will share an example of what "doing Systems Change" looks and feels like by sharing the kaupapa of the Driving Change Network. As we journey through one of Aotearoa's best examples of Systems Change in action, we'll unpack the different levels of impact as well as identifying aspects of structural, relational, and transformational change. This will be an open and honest kōrero where wins, challenges and "flearnings" are all part of "doing" systems change. Jahvaya Wheki, an incredible young Wahine Toa will then delve into her systems change story. Get ready to experience a shift in your perspective and world views, and how you could facilitate a similar experience for those in contexts of power and relationships.

- 4:35pm FINAL REFLECTIONS and WRAP UP
- 4:45pm CONFERENCE CLOSES
- 5:15pm **NETWORKING & NIBBLES – Zazu Bar**
Join us for Networking & Nibbles (ticket required)
- 7:30PM **NETWORKING & NIBBLES THANKS AND CLOSE**



PROGRAMME OVERVIEW

Friday 10 November 2023

8.45am **DAY 2 WELCOME**

8.50am **KEYNOTE PRESENTATION – The Mokoia Room**

Coping Skills for Our Fast-Changing World - Lance Burdett, WARN International

Our world is changing and having an impact on many of us. Lance will speak about the effects of our changing world and how to adapt to them from what neuroscience reveals. He will cover topics on; why it is that many people are feeling overwhelmed with heightened emotions, how to reduce unwanted thoughts, and how to work through life's challenges. Additionally, Lance will show us how to motivate and energise ourselves across the day, how to switch off at the end of a busy day, and how to have a more restful sleep.

9.40am **KEYNOTE PRESENTATION – The Mokoia Room**

A deeper look at what drives health inequity - Hone Hurihanganui, Engaging Well

This keynote address focuses on why Māori have the worst health of any ethnicity in Aotearoa - we will traverse what drives inequity and the dangers of simplistic performative responses.

10.30am **MORNING TEA – The Lobby**

11.00am **CONCURRENT WORKSHOPS – Session 3**

The Mokoia Room

Motivational Strategies to Bring Focus - Lance Burdett, WARN International

Lance will provide a range of practical activities to manage our ever-changing world. How to deal with worry, managing unusual behaviours emerging from changes such as distractions, ways to reduce the impact from past challenges we faced, explaining why it seems that we keep repeating the same errors, how to bring balance to your life, and a short video on how to work through challenging situations as they unfold.

Break Out Room 2

Ending the colonial violence that harms Māori – Hone Hurihanganui, Engaging Well

This workshop is centred on what underpins the structural, institutional racism that prevents Māori from attaining positive health outcomes and poses some critical areas of focus in response.

Break Out Room 3

An Eye on The Future: Succession Planning, Megan Thorn, Exult

Succession planning is the process of planning to pass each key role in your organisation on to someone else, without causing any disruption to the running of your organisation. It's about making plans to ensure your organisation is prepared to successfully continue in the long-term. During this session we will cover three different types of succession planning - strategic, leadership and emergency – focusing on your governing group. We will explore who you need to do succession planning for and what you need to consider. The workshop shares very practical tips, frameworks and templates for building succession planning into a process for your organisation, as opposed to an event.

12.30pm LUNCH – Brasserie Restaurant

1.15pm PLENARY SESSION – Mokoia Room

No More Wasted Meetings! Kerri Price, The Facilitators Network

Have you ever been in a meeting that should have been an email? Or perhaps you've sat in sessions where the conversation has gone round in circles with no clear decision or outcome? Meetings don't have to be this way. In this plenary session, Kerri will share practical ideas for making sure your meetings are effective and engaging, even if you're not the one leading it. Learn how to stop wasting meetings and ensure your time together is productive and purposeful.

2.05pm CLOSING KEYNOTE PRESENTATION – The Mokoia Room

Burnout to Brilliance, Jess Stuart

We live in a constant state of overwhelm and exhaustion whilst simultaneously striving for high performance. It's not sustainable and its why burnout has become so prevalent, eroding our confidence and results in the process. But quantity does not always mean quality and being busy does not mean we're productive, in fact the opposite is often true. In our modern world the pursuit of brilliance and peak performance has led to the increased prevalence of burnout and it's not sustainable, we need to redefine peak performance to ensure we can be our best without burning out in the process. Jess will share practical insights and tips to build confidence, increase productivity.

2.45pm FINAL REFLECTIONS and WRAP UP

3.00pm CONFERENCE CLOSES